



# U.S. Presidents Flash Card Lessons

These instructions are effective methods of teaching your child to easily memorize the 44 presidents or any list of items. We also show how to give your child encyclopedic knowledge.

We created 12 other games for the other [flash cards](#) we offer which you can adapt for these cards. **To download the pdf of 12 games, [click here](#).**

Feel free to contact us at 763-300-5629 or [service@iLearnFaster.com](mailto:service@iLearnFaster.com)!

## Lesson 1 - Rapid Flashing: For ages 8 months and up

This lesson uses a right brain learning method developed by [Glenn Doman](#) and [Makoto Shichida](#). (See our [blog post on rapid flashing](#) at [iLearnFaster.com](http://iLearnFaster.com)). The information you present will bypass the logical left brain and become stored in the right brain's mass memory.

### Before you begin...

For very young children, the memory recall lesson is optional although it does help create strong links between right and left brain functions, which is important. The prominent aspect of this method is stimulating brain synapse activity and increasing brain functions.

If you notice your child is bored or non-attentive, stop the lesson and try again later. You want your child eager to do his lessons.

Always present lessons to your child with love. Don't push your child to learn. All children learn at different paces.

1. Present only 10 cards for each session. Start with the first 10 presidents. It will only take about 15 seconds to go through them. Stack them in numerical order with the highest numbered card, picture facing up on top. Card 1 will be the last card in stack. Announce you will be showing pictures of United States presidents.
2. Sit in front of your child with the cards your child's eye level about 10 inches away. Card 10 will be facing your child.
3. Take the back card from the stack (card 1) and put it in the front. Clearly say the president's name.
4. Rapidly continue through with each card (about one card per second) until the set

is completed. Your session is over. Try another session with the same 10 cards 3-4 times a day.

5. Next, try playing a memory recall game with your child.
  - a. Take, for example, the George Washington and John Adams cards and place them in front of your child picture side up.
  - b. Ask, "Which one is Washington, can you point to him?"
  - c. Point to each card as you say, "Is it this one, or this one?" Give your child time to pick a card.
  - d. If your child does nothing or picks the wrong card, point to the correct card and say, "This is Washington. Can you point to Washington?"
  - e. If your child doesn't point to the card, gently take his hand and point to it.
  - f. If your child points to the corrects card say, "That's right! This is Washington!"
6. Next, ask, "Which one is Adams, can you point to him?" Follow c-e above.
7. Use this method with the others in this set . When you feel you child is ready, try using three or four cards at a time.
8. When your child can recall all 10 presidents, take the next 10 cards and flash those.

Your child should eventually be able to quickly recall all 44 presidents just by showing him the card.

## Lesson 2 - Encyclopedic Knowledge: For ages 8 months and up

This lesson builds on Lesson 1 with the introduction of interesting facts to give your child encyclopedic knowledge.

1. When you feel your child is ready, try showing each card as you read a fact from the back: "George Washington. He had false teeth. One pair was made of ivory from the tusk of an elephant." Continue on with the others in this manner. This is what [Glenn Doman](#) calls 'bits of intelligence'.

## Lesson 3 - Story Linking: For ages 2 years and up

This lesson uses a sequential memory technique that makes it easy to remember all the presidents names in order. Use the following story to link the presidents together. As you read the story, show the appropriate card when each name is mentioned. When your child can remember the story, he should be able remember all the presidents!

To learn more about the science behind this learning method, we encourage you to read our blog post: [Memory Linking Education Method](#), which explains why this is so effective in helping children easily remember large amounts of information.

This is a fairly in-depth story so as you practice learning it with your child, soon you'll be able to skip some of the details and repeat it in just a couple minutes. You will even be able to start anywhere in the story and name the presidents.

As you read the story and show the cards, encourage your child to visualize each part (see the story unfold in his mind). Where there are colors or odd things mentioned, you want your child to vividly imagine in as great detail as possible - see, feel, smell, hear, taste what each part is like to him. This is the key to memorization!

### Once Upon a Time...

Once upon a time there was a famous dish **WASH**er (**George WASH**ington), who had a huge **ADAMS** apple (**John Adams**) under his chin. He had a three-armed **SON** (**Thomas JefferSON**). His son was **MAD** (**James MAD**ison) that is was going to be **MON**day (**James MON**roe), so he decided not to go to school and instead, go to a lake where there was a large **DAM** (**John ADAMS**) holding back all the chocolate flavored water.

At the lake, he found a yellow **JACK**hammer (**Andrew JACK**son) and started hammering on the dam. His hammering was so loud, it attracted the attention of a man from the police **BURE**au (**Martin Van BURE**n). When the man from the bureau came closer, the boy noticed he was covered from head to toe in thick white **HAIR** (**William HARR**ison), and he also forgot his to wear his purple **TIE!** (**John TY**ler)

He told the boy that jack hammering was wrong and told him to go stand on top of the tall flag **POLE** (**James POL**k) which was sticking out of the center of the lake. Suddenly, the bureau man noticed he wasn't wearing his purple tie, so quickly ran off to get one made at the **TAYLOR** (**Zachary TAYLOR**).

The boy decided to follow him but before he left, he **FILLED** (**Millard FILL**more) his water bottle with some of the chocolate lake water. As the boy was following behind the man, suddenly, a hummingbird flew down and **PIERCE**d (**Franklin PIERCE**) his water bottle with his beak causing all the chocolate to leak out. Well, the bureau man saw the boy was following him and didn't like that so got out his 20 foot **CANON** (**James BuCHANAN**) and fired it, making a loud booom, which scared him away.

The boy was so frightened by the sound that he sued the bureau man. In court, the man walked in covered with shiny silver chain-**LINKs** (**Abraham LIN**coln), which made the judge very angry. The bureau man realized he wasn't going to win in court looking like that so he called his **SON** (**Andrew JohnSON**) to drive over and pick him up. After his phone call, the judge ordered the bureau man to give a \$100,000 **GRANT** (**Ulysses GRANT**) of money to the boy.

The boy decided to use the grant money to buy a farm. On the farm he did many things like shovel big blocks of **HAY** (**Rutherford HAY**es). He also had many farm animals and one big fat fuzzy cat named **GARFIELD** (**James GARFIELD**).

Well, the boy enjoyed shoveling hay and enjoyed his big fat cat but after a while he

became bored with that and decided to write a book about the farm and so became an **AUTHOR (Chester AUTHOR)**. But the book wasn't selling very well so he traveled to **CLEVELAND**, Ohio (**Grover CLEVELAND**) to try selling it there. It didn't do so well there either so he decided to go back to his farm.

Before he reached the farm, he ran into that **HARRY (Benjamin HARRison)** man from the bureau again, which made him so scared that he ran back to **CLEVELAND (Grover CLEVELAND)** again and then started climbing up **Mount McKINLEY (William McKINLEY)**.

On his way up the mountain, he came upon a tall waterfall which he tried to climb up. He couldn't make it all the way to the top so took out his special **BELT (Theodore RooseVELT)**, threw it up and used it to climb the rest of the way to the top.

When the boy reached the top of the waterfall, he didn't feel like walking anymore so he got on a pink plastic **RAFT (William Howard TAFT)** and traveled for a long long time. In fact, was gone so long that he became a man, got married and had his own three-armed **SON (Woodrow WILSON)**.

His son's three arms were **HURTING (Warren HARDING)** so he decided to sit on a **COOL LEDGE (Calvin COOLIDGE)** to rest. While sitting on the ledge, a strange looking owl flew up and landed beside him. The owl looked at him, eyes wide open and screeched, "**HOOOOOOOVER**" (**Herbert HOOVER**). The boy also noticed the owl was wearing a giant golden **BELT (Franklin RooseVELT)** around its waist. After seeing this strange owl, the boy thought this **TRUly (Harry TRUman)** has been a weird day!

After a while, the boy got bored sitting on the ledge so decided climb an **ICE TOWER (Dwight EISenHOWER)** that reached far into the sky. As he climbed higher and higher, it became very slippery and he almost fell off. As he was hanging there he screamed, "I don't want to **DIE!!!**" (**John KenneDY**)

Once we got his footing back he kept climbing higher and higher and got so high up that he came near the **SUN (Lyndon JohnSON)**. In fact, he got so close to the sun that it **NICKed** him. (**Richard NIXon**) After nicking his finger on the sun he thought, "That wasn't a good idea", so he climbed back down and meet his father.

His father told him there was a big dance coming up. The boy wanted to take his girlfriend so he asked his father if he could borrow his tiny green **FORD (Gerald FORD)**. His father said, "No, you can't take my Ford but you can use my other **CAR (Jimmy CARTer)**. His son got excited because his father's other car had **RAY GUNS** attached to it (**Ronald REAGAN**). He tried firing the ray guns, which scared him so much that he jumped into a **BUSH (George Bush)** where he **CLINged (Bill CLINton)** to another **BUSH (George Bush)** and cried, "**OH MAMA** save me!" (**Barack OBAMA**)

- The End! -

## Lesson 4 - Journey System: For ages 6 years and up

The journey system is one of the most powerful ways to teach your child to remember literally any list of items. It teaches how to link together something they don't know with something they're familiar with in a logical way. This method is a powerful way to transfer large amounts of information into long term memory, which can be accessed anytime.

In this case, we're linking the names of 44 U.S. presidents, which we don't know, with items around your house, which you see everyday. Children love this learning method especially when you make it fun and provide positive reinforcement. This is something you can learn too!

### Step One:

First, we need to help your child map out each room in her house. This sequence involves selecting permanent fixtures in each room... things that will not likely be moved like furniture, a bathtub, the kitchen island, etc.

Then, we create a route to each item in each room as if we are taking a journey, like waking up in the morning, getting out of bed, going to the bathroom, then heading for the closet, etc. We'll go into more details later but this journey will provide the important sequential order that links each "unknown" president's name to each "known" mapped item.

### Let's Have Fun with Step One!

We need to map 44 items (president's names) so we need to identify 44 items around the house. Waking up in the morning is a good place to start mapping the journey because it's the beginning of a new day. I'm going to make up my own journey as an example but you should of course be creating your own using things in your house!

**NOTE: This is most important part of the lesson because, once you map your journey, it can be used to easily memorize any long list of items like phone numbers, a grocery list, literally anything!**

**Help your child create her journey.** Go to each **item** in the sequence your child follows starting with waking up in the morning. See the example below. It's important to make it fun like running to each item and tapping it while saying what it is. Also, go over this exercise several times until your child can run from room to room naming every item in sequential order without making a mistake. It should be almost instant memory recall.

In your bedroom, you wake up in the morning and sit up in your **bed**. What do you do next? You look at the clock on your **night stand**. Then, you get up and walk past the

**TV stand** on the way to window to open the **curtain**. (That's 4 of the 44 we need).

Next, you go into the bathroom and sit on the **toilet**. Then, you walk to the **bathroom sink** and brush your teeth. Then, you go to the **bath tub**, turn on the water and take a bath. (That's a total of 7 items... 37 more to go!)

After your bath, you go to your **closet** and pick some clothes to put on. (8 items)

Then, you run down the hall past the **hall closet door** on your way to your parent's bedroom to see if they're up. (9 items)

Next, you enter their bedroom and jump on their **bed**. Then, you pull on a handle of their large **chest of drawers**. (11 items)

Now, you go down and **stairs** on your way to the kitchen. (12 items)

You see the bowl of fruit on the **kitchen island** (run and tap it). Then you go and open the **refrigerator** to get some milk.... (14 items)

...

That's enough to show you how you can map your house with your child. Again, use your own items and rooms identifying and mapping a total of 44. Practice this list until she can run from room to room tapping each item in sequential order.

### **Step Two:**

We have 44 items mapped that we're familiar with. That's great! Now let's link the 44 presidents to those 44 items.

This step involves making familiar substitute words out of the last name of each president. Next, you'll help your child create a vivid mental image of each word and link them in some creative way each item you've mapped in your journey. Get silly, exaggerate, and be creative with your child when linking your words to the items. The more exaggerated and silly, the easier it will be to remember!

### **Let's Do Step Two!**

Starting with George Washington, the first president, what word can you think of as a substitute? How about "wash" or "washing"... maybe "ton" (something very heavy)? Let's go with "washing". So, "**washing**" helps us remember "**Washington**".

Now, let's link that word to our **bed**, the very first item in our journey. Right away I can think of "**old man George washing my bed with a scrub brush and billowing suds are flying everywhere!**" So, when your child runs to her bed, she will remember this silly old man George washing and suds flying everywhere. This vivid image makes it easy to link "washing" to the bed and remember "washing" means Washington.

Okay, let's go to the second president, John Adams. What do we want to link that to? Our **night stand**. So, right away I see the word, "**dam**" in the last name. So, what comes to mind for me is, "**instead of a night stand, I see a tiny cement dam the size of my night stand holding back a tiny lake of water**". So, when your child runs to her night stand, she'll see a dam in it's place, which helps her remember **Adams!**

Isn't this FUN!!!

Let's do one more so you'll get the picture: Thomas Jefferson, the third president. What familiar memorable word can you make out of his last name? Let's see... "heifer (a cow - rhymes with 'Jeffer'"), "son", "sun (rhymes with 'son')". Your child may not know what a heifer cow is so let's go with "**sun**". Now, how can you link the **sun** to your **TV stand** which is the third item in your journey? I can think of this: "**I ran to my TV stand but the sun is shining on it so much that it's too hot to touch!**"

So, TV stand and sun are linked, and sun helps you remember Jefferson.

Go through the rest of the president's names in their order, matching them to each item in your journey in sequence. Practice, practice, practice and pretty soon your child will be able to remember all 44 presidents in order!

### Notes:

Part of this memory process is incorporating movement, smell, touch, taste sound and vision. Try to use as many sensations as possible because this stimulates and activates more areas of your child's brain, making it even easier to memorize and recall each president. For example, help your child feel the soapy suds and wetness of her bed as "old George" is washing it. Help her vividly imagine the event.

And, I can't underscore the need to make it fun!!! If your child shows signs of boredom or is tired, stop and try another time. This isn't a contest and putting stress on your child to do any exercise like this actually shuts down and parts of the brain that facilitate this type of memory lesson.

As you go over this exercise, over time, your child won't even need to run from item to item, room to room... she'll see it in her head instantly. When she is able to remember each of the items in her journey and learn this memory process, she'll be able to memorize any list of items!

Have FUN!!!

